

# Moms on the Mountain 2025 Spring Campout

### **SCHEDULE OF EVENTS:**

FRIDAY The Paddle Pad will be open if you arrive Friday afternoon for Canoeing.

7:00pm Dinner at the Dining Hall

8:15pm S'mores at the Campfire Circle

**SATURDAY** 

8:00am Breakfast at the Dining Hall

9:00-11:30 Activity Rotations:

Moms Kids (Mid-Morning Snack Provided)

Yoga, A&C A&C, Archery/BB's, Climbing, Skits/Sling Shot, Field Games

• 9 -10:30 • 9-9:40

• 12 -Free Time • 10:30-11:10

• 11:15-11:55

• 12:00-12:40

1pm Lunch at the Dining Hall

2:00-3:00 Rest Hour/Free Time

3:00-5:30 Activities Open: Free Swim, Waterslide, Canoeing, Kayaking, Boat Rides, Mud-

room Games, Climbing, Arts & Crafts

6:00pm Dinner at the Dining Hall

7:00 Camp Store Open

7:30-8:30pm Campfire

**SUNDAY** 

8:00am Breakfast & Morning Thought at the Dining Hall

9:00 Camp Store Open

9:15-10:45 Activities Open: Climbing, Archery, BB's,

Sling Shot

11:00am Clean up cabins and head home

# **WHAT TO BRING:**

- Sleeping Bag
- Pillow
- Clothing-Athletic
- Jacket/Rain Jacket
- Hiking Shoes/Sandals
- Yoga Mat (If possible)
- Toiletries
- Swim Suit
- Towel(s)
- Sunscreen
- Bug spray
- Flashlight
- Water bottle

# WHAT TO LEAVE AT HOME:

- Alcoholic beverages
- Tobacco products
- Open Food in Cabins
- Knives, guns, or other weapons
- Technology
- PETS!

# **Questions?**

Contact: John Ordway
423-338-5588 | jordway@ymcachattanooga.org